

RECERTIFICATION PLANNING TOOL

This tool will help you plan out your CEUs in the current certification cycle. You are not required to fill it out, but it can help spread the cost of CEUs over the three-year period. CEU categories, activity descriptions, and CEU values are listed on the [Categories & Activities](#) webpage.

RECERTIFICATION WORKSHEET		Year 1		Year 2		Year 3		Total CEUs
REQUIREMENT: CPR/AED Certification								
Category	Activity Type	Activities	CEU Value	Activities	CEU Value	Activities	CEU Value	
A	Attend Events (0.1 – 2.0 per event)							
B	Volunteer Work (0.1- 0.5 per year)							
	Presentations (1.0-2.0 per presentation)							
	Publications (0.5-3.0 CEU per publication)							
C	First Aid (0.5 per certification)							
	College Course Work (0.3-2.0 per course)							
	Internships (2.0 per internship)							
	Additional Certifications (2.0 per certification)							
	Pre-Approved Home Study (0.1-2.0 per home study)							
	Personal Development (0.5 per year)							
D	NSCA Quizzes (0.2 – 1.0 per quiz)							
		Year 1 Total		Year 2 Total		Year 3 Total		