



REGISTRATION FORM • VIRGINIA STATE CLINIC • SEPTEMBER 25, 2021

Name _____ NSCA ID _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Emergency Contact Name _____ Phone _____

T-shirt Size: Small Medium Large X Large XX Large

| | Thru Sept 14 | After Sept 14* |
|------------------|--------------|----------------|
| NSCA Member Rate | \$85 | \$125 |
| Student Rate | \$30 | \$40 |
| Non-Member Rate | \$105 | \$145 |

* If sufficient quantities are unavailable, onsite and late registrants may not receive lunch, t-shirt, etc. (if applicable).
Refund Policy: A 50% refund will be granted on/before 9-14-21. No refunds will be given after 9-14-21.

Lunch is provided. Please call in your lunch selection: 800-815-6826 ext 203

As a strength and conditioning professional, I attest and affirm that I plan to attend and participate in this event. If I do not attend the event, I will notify the NSCA Conference Department of my absence within 1 week of the conclusion of the event. The NSCA will then work with me to credit my NSCA account based on the cancellation policy fees.

Payment Method (USD)

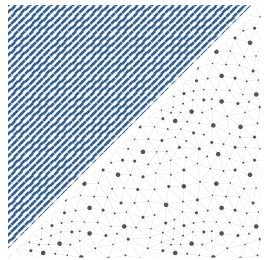
Cash Check (payable to NSCA) VISA MasterCard American Express

Account # _____ CVC Code _____ Exp. _____

Signature: _____

Name on Card _____

Total Enclosed \$ _____ Receipt: Mail Email



NSCA SPD PROGRAM

DURING EVENT FORMS

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

In consideration of me being permitted to participate in any way in the NSCA Strength & Conditioning or Personal Training Activities (“Activity”), I agree:

1. I understand the nature of **Strength & Conditioning or Personal Training** activities and believe I am qualified to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. I FULLY UNDERSTAND that: (a) Strength & Conditioning and Personal Training Activities involve risks and dangers of **SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH** (“Risks”); (b) these Risks and dangers may be caused by my own actions, or inaction’s, the actions or inaction’s of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** incurred as a result of my Participation in the Activity.
3. **I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS NSCA**, any respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place (each considered one of the “Releasees” herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the “Releasees” or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my behalf makes a claim against any of the Releasees named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COSTS ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND IT’S TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed Name

Signature

Date

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor’s parent and/or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such “Activity.” I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claims against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian

Signature of Parent/Guardian

Date

Anti-Discrimination and Anti-Harassment Policy and Procedures for NSCA Events

National Strength & Conditioning Association is dedicated to providing a harassment-free and discrimination-free experience for everyone at NSCA events. Our events are convened for the purposes of professional development and educational exchange in the spirit of free discussion and free expression in an environment in which diverse attendees may learn, network and enjoy the company of colleagues in a professional atmosphere. NSCA prohibits harassment or discrimination in any form by any person attending or otherwise participating in NSCA-sponsored events, meetings or social gatherings.

This Policy outlines expectations for all those who attend or participate in NSCA events. It reminds NSCA meeting participants that all professional academic ethics and norms apply as standards of behavior and interaction at all meetings and events. "Participant" in this Policy refers to anyone present at NSCA events, including staff, contractors, vendors, exhibitors, venue staff, NSCA members and all other attendees.

1. Purpose: NSCA is committed to providing an open and welcoming environment for all participants, including but not limited to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.
2. Expected Behavior
 - All participants at NSCA events are expected to abide by this Policy, which includes:
 - i. Abide by the norms of professional respect that are necessary to promote the conditions for free exchange of ideas.
 - ii. If you witness potential harm to an event participant, be proactive in helping to mitigate or avoid that harm.
 - iii. Alert conference or security personnel if you see a situation in which someone might be violating this Policy.
3. Unacceptable Behavior
 - Unwelcome and uninvited attention or contact.
 - Verbal or written comments, or visual images that are sexually suggestive; denigrate or show hostility or aversion toward an individual, or group of individuals; create an intimidating hostile, or offensive environment; or unreasonably interfere with an individual's ability to participate in NSCA activities.
 - Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions in any context during an NSCA event.
 - Harmful or prejudicial verbal or written comments or visual images related to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.
 - Deliberate intimidation, following or stalking.
 - Harassing photography or recording.
 - Disruption of talks or activities at the event.
 - Physical assault (including unwelcome touching or groping).
 - Real or implied threat of physical harm.
 - Real or implied threat of personal, professional or financial damage or harm.
4. Reporting an Incident: If you are being discriminated against or harassed, notice someone else is being discriminated against or harassed, or have any other concerns, please contact an NSCA staff member immediately. NSCA staff can be identified by official staff apparel or badge. All complaints will be treated seriously and will be investigated promptly. NSCA staff will be happy to help attendees contact venue security or local law enforcement, provide escorts, or otherwise assist those experiencing discrimination or harassment to feel safe for the duration of the event. Additional information on reporting an incident at a specific event can be found below.
5. Disciplinary Action: NSCA reserves the right to take any action it deems appropriate against a participant who engages in unacceptable behavior.
 - When NSCA receives a complaint of unacceptable behavior by a participant, the matter will be reviewed in a timely manner, taking into consideration the relevant facts and circumstances. The complainant and any parties involved may be asked to provide written statements.
 - Any participant found to have engaged in unacceptable behavior may be removed from the event without refund and/or excluded from future events.
 - Any NSCA member or certificant behaving in an unacceptable manner may be subject to additional consequences, including but not limited to suspension or expulsion from NSCA membership and/or revocation of their certification.

DATE

PRINTED NAME

SIGNATURE



COVID-19 Addendum to Campus Use Agreement

The novel coronavirus ("COVID-19"), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. While rules, guidance, and personal discipline may reduce this risk, the risk of serious illness and death does exist. CHC cannot completely mitigate the transfer of communicable diseases like COVID-19. USER understands there is some risk associated with using CHC facilities and assumes said risk as stated further below. Use of CHC facilities includes possible exposure to and illness, injury, or death from infectious diseases, including COVID-19. USER understands the hazards of COVID-19, is familiar with the Center for Disease Control ("CDC") and Virginia Department of Health ("VDH") guidelines and federal, state, and local orders regarding COVID-19, and agrees to the following mandatory requirements:

- 1. No individual is permitted to use CHC facilities or to be on CHC property who has tested positive for COVID-19 within the previous 14 days or who has a fever (temperature of over 100.4°) or any other symptom of COVID-19, including a cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. If any attendees have had any COVID-19 symptoms or fever, they may not enter CHC property until they have been free from fever and symptoms for at least 48 hours.**
- 2. While on CHC property, USER and all individual event attendees must wear a face mask at all times. Individual event attendees who do not live in the same household should avoid unnecessary physical contact and, where practicable, maintain social distancing of at least six feet.**
- 3. USER is required to distribute a copy of this COVID-19 Addendum to Facility Use Agreement to the participants (to include its employees, invitees, participants, volunteers, and all other related persons, agents and entities) to review and sign for the activity for which you are utilizing our facilities. The USER is required to take steps to ensure that participants act in accordance with all the COVID-19 policies, procedures and best practices. Failure to adhere to these could result in your user group's permit being revoked without refund of any fees and/or any particular person being banned from access to our facilities.**

Assumption of Risk. USER recognizes that there is presently a significant element of risk of Coronavirus transmission when any group of people gathers. USER has reviewed and understands the risks reflected in the local, state, and federal alerts and guidelines. USER understands that Your use of the CHC facility may result in You being exposed to COVID-19 and agrees that, should such occur, it is due to Your use of the facility and not due to any fault or negligence of CHC. USER assumes the risk of contracting COVID-19 arising from Your use and occupancy of the CHC facility. USER assumes full responsibility for any sickness, hospitalization, bodily injury, death, loss of personal property, quarantines, and all related costs and expenses of any person arising from exposure to COVID-19 during Your use and occupancy of the CHC facility. For the purposes of this paragraph, "Your" is defined as the USER and each of their employees, CHC facility invitees, participants, volunteers, and members who participated in the USER's event(s) using CHC's facilities.

CHC reserves the right to modify or amend these guidelines or facility procedures upon written notice to USER subject to best practices based upon the recommendations of the CDC and VDH.

COVID-19 Related Force Majeure. Notwithstanding any provision to the contrary in the Agreement, in the event that any COVID-19 related federal, state or local directive, order or mandate prevents or materially impairs CHC's ability to provide the facilities, resources and/or services in the Agreement or Addendum hereunder, CHC may terminate this Agreement by providing written notice. In addition, even in the absence of a COVID-19 related federal, state or local directive, order or mandate prevents or materially impairs CHC's ability to provide the facilities, resources and/or services license hereunder, CHC reserves the right to terminate this Agreement by providing written notice to USER if CHC, at its sole discretion, determines that it is necessary to close or restrict access to some or all of CHC's facilities due to COVID-19 related concerns. In addition, CHC may terminate any event in which it observes attendees materially violating the requirements listed above. In the event of a termination due to a COVID-19 related federal, state or local directive, order or mandate, USER shall not be entitled to a return of any deposit. In the event of a termination due to CHC's COVID-19 related concerns, USER shall be entitled to a return of the deposit.

I have read this Addendum and understand the risks and requirements as set out above. I agree to follow all requirements, herein.

Signature: _____ Date: _____