



MID-ATLANTIC REGIONAL CONFERENCE

REGISTRATION FORM • NOVEMBER 23, 2024

Name _____ NSCA ID _____
Address _____ City _____ State _____ Zip _____
Phone _____ Email _____
Emergency Contact Name/Phone _____

T-shirt Size: Small Medium Large X Large XX Large

	Thru Nov 12	After Nov 12*
NSCA Member Rate	\$85	\$125
Student Rate	\$40	\$50
Non-Member Rate	\$105	\$145

* If sufficient quantities are unavailable, onsite and late registrants may not receive lunch, t-shirt, etc. (if applicable).
Refund Policy: A 50% refund will be granted on/before 11-12-24. No refunds will be given after 11-12-24.

Payment Method (USD)

Cash Check (payable to NSCA) VISA MasterCard American Express

Account # _____ Exp _____ CVV _____

Signature: _____

Name on Card _____

Total Enclosed \$ _____

ATTEST

As a Strength & Conditioning professional, I attest and affirm that I plan to attend and participate in this event. If I do not attend the event, I will notify the conference department of the NSCA within 1 week of the conclusion of the event of my absence. NSCA will work with me to credit my NSCA account based on the cancellation policy fees for a future event.

WAIVER AND RELEASE OF LIABILITY AND ASSUMPTION OF RISK

In consideration of being allowed to participate in the NSCA Educational Event, including but not limited to, any seminar, clinic, exhibit, or demonstration conducted in connection therewith (the "Event"), the undersigned attendee hereby expressly waives and releases NSCA, its directors, officers, administrators, employees, volunteers, agents, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises in which and activity of the Event takes place ("Releasees"), from any liability, losses, damages, injuries (including disease, sickness, disability or death), claims, actions and all causes of action whatsoever, of any kind or nature, arising from, or in any manner related to, attendee's participation in any function or activity of the Event.

Attendee specifically understands that attendance at or participation in any function or activity of the Event is at attendee's own and sole risk. Attendee specifically acknowledges attendee's experience and capabilities, and believes attendee is capable and qualified to participate in any such function or activity. Attendee fully understands that participation in any function or activity set forth herein involves risks and dangers and may result in serious bodily injury, including permanent disability, paralysis, and/or death. Attendee understand that such risks and dangers may be caused by attendee's own actions or inaction, the actions or inaction of others participating in any such function or activity, the condition in which the function or activity takes place, or the negligence of the Releasees. With full knowledge, the attendee fully accepts and assumes all such risks and all responsibility for losses, costs, and damages incurred as a result of attendee's participation in the Event, of any kind or nature whatsoever. Attendee further agrees that if, despite this Waiver and Release, attendee or anyone on attendee's behalf makes a claim against any of the Releasees, attendee will indemnify, save and hold harmless each of the Releasees from any litigation, proceeding, expenses, costs, attorney's fees, losses, liabilities, damages, or injuries (including disability or death) any of them may incur as a result of any such claim.

Attendee understands that photos, video or audio recordings may be taken during the Event which may be used for promotional purposes with or without attendee's name. Attendee consents and agrees that the NSCA may use any image, likeness, photograph, voice, video, or other indicia of identity of attendee, in any of its promotional materials and publicity efforts without additional compensation, and understands that these may be edited, retouched or enhanced, and may further be used, displayed, or distributed in publications, print ads, electronic media (including the internet, webcasting and video streaming), television, radio, or other media, now known or hereafter created, anywhere in the world. Attendee releases the NSCA and its employees, representatives, licensees, photographers, and their designees, from any and all claims for any violation of any privacy or proprietary rights as a consequence of actions permitted by this release.

Attendee further acknowledges that by registering for the Event attendee has read this Waiver and Release, fully understands it's terms, understands that attendee has given up substantial rights by signing it, and has signed it freely and without any inducement or assurance of any nature, and intends same to be a complete, unconditional and irrevocable release of all liability to the greatest extent allowed by applicable law and, further, agrees that if any portion of this Waiver and Release is held to be invalid that the balance, notwithstanding, shall continue in full force and effect. This Waiver and Release shall inure to the benefit of the assigns or successors of Releasees, and shall be binding upon the heirs or successors of attendee.



ANTI-DISCRIMINATION AND ANTI-HARASSMENT POLICY AND PROCEDURES FOR NSCA EVENTS

National Strength & Conditioning Association is dedicated to providing a harassment-free and discrimination-free experience for everyone at NSCA events. Our events are convened for the purposes of professional development and educational exchange in the spirit of free discussion and free expression in an environment in which diverse attendees may learn, network and enjoy the company of colleagues in a professional atmosphere. NSCA prohibits harassment or discrimination in any form by any person attending or otherwise participating in NSCA-sponsored events, meetings or social gatherings. This policy outlines expectations for all those who attend or participate in NSCA events. It reminds NSCA meeting participants that all professional academic ethics and norms apply as standards of behavior and interaction at all meetings and events. "Participant" in the Policy refers to anyone present at NSCA events, including staff, contractors, vendors, exhibitors, venue staff, NSCA members and all other attendees.

1. **Purpose:** NSCA is committed to providing an open and welcoming environment for all participants, including but not limited to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.

2. **Expected Behavior:**

- All participants at NSCA events are expected to abide by the Policy, which includes:
 - i. Abide by the norms of professional respect that are necessary to promote the conditions for free exchange of ideas.
 - ii. If you witness potential harm to an event participant, be proactive in helping to mitigate or avoid that harm.
 - iii. Alert conference or security personnel if you see a situation in which someone might be violating this Policy.

3. **Unacceptable Behavior**

- Unwelcome and uninvited attention or contact.
- Verbal or written comments, or visual images that are sexually suggestive; denigrate or show hostility or aversion toward an individual, or group of individuals; create an intimidating hostile or offensive environment; or unreasonably interfere with an individual's ability to participate in NSCA activities.
- Intimidating, harassing, abusive, discriminatory, derogatory or demeaning speech or actions in any context during and NSCA event.
- Harmful or prejudicial verbal or written comments or visual images related to race, color, creed, national origin, ancestry, gender, gender identity, marital status, ability, socioeconomic status, age, religion, veteran or military service status, or any other legally protected status.
- Deliberate intimidation, following or stalking.
- Harassing photography or recording.
- Disruption of talks or activities at the event.
- Physical assault (including unwelcome touching or groping).
- Real or implied threat of physical harm.
- Real or implied threat of personal, professional or financial damage or harm.

4. **Reporting an Incident:** If you are being discriminated against or harassed, notice someone else is being discriminated against or harassed, or have any other concerns, please contact an NSCA staff member immediately. NSCA staff can be identified by official staff apparel or badge. All complaints will be treated seriously and will be investigated promptly. NSCA staff will be happy to help attendees contact venue security or local law enforcement, provide escorts, or otherwise assist those experiencing discrimination or harassment to feel safe for the duration of the event. Additional information on reporting an incident at a specific event can be found below.

5. **Disciplinary Action:** NSCA reserves the right to take any action it deems appropriate against a participant who engages in unacceptable behavior.

- When NSCA receives a complaint of unacceptable behavior by a participant, the matter will be reviewed in a timely manner, taking into consideration the relevant facts and circumstances. The complainant and any parties involved may be asked to provide written statements.
- Any participant found to have engaged in unacceptable behavior may be removed from the event without refund and/or excluded from future events.
- Any NSCA member or certificant behaving in an unacceptable manner may be subject to additional consequences, including but not limited to suspension or expulsion from NSCA membership and/or revocation of their certification.

PRINTED NAME

SIGNATURE

DATE