

2026 NATIONAL CONFERENCE

July 8-11 | New Orleans, LA



WHERE STRENGTH MEETS SCIENCE.

The Definitive Strength & Conditioning Event for Coaching, Research, and Education

The 2026 NSCA National Conference (NSCACon) is the unified hub where strength and conditioning coaches, educators, researchers, and allied health and performance professionals come together to align research with applied practice. Attend in person to learn the latest evidence-based approaches, apply them hands-on, and collaborate across disciplines while earning up to **3.0 CEUs**.

"Being in the room with a range of perspectives helps me fill gaps and find solutions faster. That changes how I coach and think about my program."

— Bo Sandoval, MS, CSCS, RSCC*E, Texas A&M University.



NSCACon Snapshot

60+ Sessions – Hands-on, lectures, and workshops

8 Topic Areas – Spanning the profession

Special Events – Connection beyond sessions



Earn Up to 3.0 CEUs

- » **2.0** Category A + **1.0** Category D with post-event quiz, *only with in-person registration*
- » **Final year** of the 2024–2026 NSCA recertification cycle



All Under One Roof

Hyatt Regency New Orleans | Host Hotel & Venue

\$195 (+ taxes) group rate

Valid July 6–12 | Cutoff June 17

REGISTRATION PRICING

	Ultra Early Bird Through May 13	Early Bird May 14 – June 17	Standard June 18 – On-Site
Professional Member	\$380	\$435	\$485
Registration + Professional Membership	\$510	\$565	\$615
Student Member	\$230	\$260	\$290
Registration + Student Membership	\$300	\$330	\$360
Non-Member	\$560	\$590	\$675

WHAT'S NEXT

Make the case by reviewing **Who Attends** and **Career Support Add-Ons**, then customize and send the **Justification Letter Template**.

Who Attends | Relevant Topic Areas

TOPIC AREA Program Design & Practical Application

TOPIC AREA Sport Science & Training Efficiency

TOPIC AREA Applied Physiology and Biomechanics

Strength & Conditioning Coaches

Apply evidence-based methods to real performance challenges and return with clearer, more effective approaches for athlete development and program execution.

TOPIC AREA Research and Education

TOPIC AREA Applied Physiology and Biomechanics

TOPIC AREA Sport Science & Training Efficiency

Educators & Researchers

Increase the impact of instruction and research by calibrating with applied professional competencies and research priorities across the strength and conditioning profession.

TOPIC AREA Program Design & Practical Application

TOPIC AREA Applied Physiology and Biomechanics

TOPIC AREA Business, Professional Growth

Students & Emerging Professionals

Build career readiness by connecting training concepts to real-world environments and developing the professional skills expected of strength and conditioning roles.

TOPIC AREA Injury Prevention, Rehab, Return to Performance

TOPIC AREA Nutrition and Supplementation

TOPIC AREA Population Specific Training

Allied Health & Performance Professionals

Improve continuity of care and performance outcomes by aligning rehabilitation, readiness, and integrated decision-making across multidisciplinary performance teams.



Career Support Add-Ons

Additional purchases subject to limited capacity.

CPR/AED & First Aid Classes



- » Renew your CPR/AED certification on-site, required to stay NSCA-certified.
- » Includes First Aid, eligible for 0.5 CEUs in Category C.

CSCS® Exam Prep Live Clinic



Prepare for the CSCS exam through a focused, instructor-led review offered alongside NSCACon. Bundle and save with conference registration.

JUSTIFICATION LETTER TEMPLATE

Use the template on the next page as a guide for getting approval to attend.

Available for download as a [Word document](#).

Dear

I am requesting approval to attend the **2026 NSCA National Conference (NSCACon), July 8–11, in New Orleans, LA.** NSCACon is the unified hub where strength and conditioning coaches, educators, researchers, and allied health and performance professionals come together to connect research and applied practice — strengthening performance decision-making.

Attending in person allows me to learn evidence-based approaches, apply them hands-on, and collaborate across disciplines in ways that directly support our work. I have identified several sessions that align with our program’s current priorities:

- 1.
- 2.
- 3.
- 4.
- 5.

NSCACon 2026 provides an efficient opportunity to meet recertification requirements in the final year of the 2024–2026 NSCA recertification cycle. By attending in person, I can earn the full 3.0 NSCA continuing education units (CEUs) available and optionally add on CPR/AED and First Aid classes on-site for an additional 0.5 CEUs. Following the conference, I will lead a debrief to share key takeaways and support immediate application within our team.

Below is an estimate of costs associated with registration, travel, and lodging:

	Through May 13	May 14 – June 17	After June 17
Registration			
Estimated Airfare			
Estimated Hotel			
Total			

Early approval supports cost management and logistical planning. Registration pricing increases over time, and availability for the host hotel group rate and on-site add-ons is limited. Given its direct relevance to our work and the opportunity to engage with current professional standards alongside peers across the field, NSCACon 2026 represents a valuable investment for our program.

Thank you for considering this request. I welcome any questions and would be glad to discuss how attending NSCACon 2026 supports our program’s priorities.

Sincerely,