

RSCC

REGISTERED STRENGTH
& CONDITIONING COACH®



AFFIRMATION LETTER

I verify that _____
worked at _____
as a _____
full time* from _____

***Program Definition of Full-Time Status**

Every RSCC must be embedded and actively involved with a competitive team (or multiple teams) on a comprehensive full-time basis. Full-time status is defined to include aspects of daily practice, warm-up, on-field work, weight room coverage, games/competitions, meetings with coaches/administrators, and availability as a mentor to athletes and/or staff during non-practice/non-competition times. The NSCA will assess each candidate's application using these criteria.

STATEMENT OF WORK, CURRENT RESUME, OR FORMAL JOB DESCRIPTION

Complete a 1-paragraph summary of job duties, team(s) worked with, and the nature of your scope of practice. This portion must be signed off by your supervisor or program administrator.

For further verification (optional), you may also submit a current professional resume or documented formal job description from your human resources department. Submitted resumes and/or job descriptions must include a complete description of your job duties and responsibilities and are to be signed by your supervisor.

*** Contact information for your supervisor must be included on this second page of this form.

OTHER QUESTIONS TO BE ANSWERED BY THE CANDIDATE

1. Is your primary professional role as a strength and conditioning coach for:
☐ A competitive professional, collegiate or high school sports team
☐ A tactical (military or public safety) training unit
☐ Other _____
2. Do you currently hold, or did you earn, any other accredited or internationally recognized strength and conditioning credentials prior to earning your CSCS? (i.e., CSCCA, ASCA, or UKSCA) **Yes** ☐ **No** ☐
If so, list here: _____, Year(s) obtained _____
3. Are you, or have you been, certified/licensed with a health professional organization (e.g., athletic trainer, physical therapist, or chiropractor) **Yes** ☐ **No** ☐
If so, list here: _____
4. Are you an employee of a high school or school district? **Yes** ☐* **No** ☐
 - a. If you answered "no," are you independently contracted as a full-time (as defined above) strength and conditioning coach with a high school athletic program? **Yes** ☐* **No** ☐
**If you answered "yes" to either 4 or 4a, please provide affirmation documents from a school administrator.*
5. Are you independently contracted as a full-time (as defined above) team strength and conditioning coach through a private company training facility? **Yes** ☐ **No** ☐
If so, list all elite competitive sports teams you are responsible for: _____
6. Would you like to be considered for an NSCA Foundation RSCC Scholarship that would fund your first year as an RSCC Coach? If eligible and selected, your one-time \$100 RSCC application fee will be waived. **Yes** ☐ **No** ☐

By signing this document, I am acknowledging this candidate, to the best of my knowledge, has the required experience for acceptance into the Registered Strength and Conditioning program (RSCC).

Candidate Signature

Supervisor Signature

Candidate Name (please print)

Supervisor Name (please print)

Candidate Title

Supervisor Title

Candidate Email & Phone

Supervisor Email & Phone