

1885 BOB JOHNSON DRIVE COLORADO SPRINGS, CO 80906 P. 719.632.6722 | F. 719.632.6367 NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes National Strength and Conditioning Association Foundation Conference Call Monday, November 11, 2019

Directors participating in the meeting: Dr. Matt Stock, Dr. Nicole Dabbs, Dr. Ludmila Cosio-Lima, Korrey Hammond, and Patrick McHenry.

Directors absent: Dr. Thomas Mahoney and Dr. Chad Kerksick.

NSCA staff also present on the call: Carissa Gump, Lee Madden, and Christina Klingensmith.

The meeting of the NSCA Foundation was called to order at 12:03pm Eastern Time on Monday, November 11, 2019 by Dr. Matt Stock, NSCA Foundation President. A quorum was present.

The meeting begun without Patrick McHenry.

Reports of Officers

- President's report
 - An announcement of open positions on the Foundation Board, Grant Committee and Grant Panel was made.
 - The Grant Review Panel will meet April 22-24, 2020 at the University of Central Florida to review 2020 grant proposals.
 - The Annual Board Meeting and Strategic Planning will be held June 5-7, 2020 at NSCA Headquarters in Colorado Springs, CO.
 - The NSCA Foundation will host two sessions at the next National Conference.
- Financial report
 - The Board reviewed the Foundation financial report for September 30, 2019.

Consent Agenda

F-2019-11-11-01 – Consent agenda Proposed by: Dr. Matt Stock Seconded by: Korrey Hammond Adopted motion: To approve the minutes and the minutes of the past email votes.

Patrick McHenry joined the call.

Reports of Committees

• The written report of the Coaching Advancement Grants and Assistantship Committee report was reviewed.



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F-2019-11-11-02 – Coaching Advancement Grants and Assistantship Committee Members Proposed by: Dr. Matt Stock Seconded by: Dr. Ludmila Cosio-Lima Adopted motion: To reappoint Kaitlin Sweeney and Kevin Schultz to second terms.

- The written report of the Grant Committee report was reviewed.
- The written report of the Investment Committee report was reviewed.
- The written report of the Scholarship Committee report was reviewed.
 - 113 eligible applications were received.
 - The committee was tasked with reviewing the benefit of adding volunteer scholarship reviewers to assist the committee with reviewing the scholarships annually.

F-2019-11-11-03 – Scholarship Committee Member Proposed by: Dr. Matt Stock Seconded by: Dr. Ludmila Cosio-Lima Adopted motion: To reappoint Krissy Kendell to the Scholarship Committee and as chair for a second term.

F-2019-11-11-04 – Investment Committee Member Proposed by: Dr. Matt Stock Seconded by: Korrey Hammond Adopted motion: To reappoint Geoff Eliason to the Investment Committee for a second term.

General Orders

- The 2020 Strategic Planning was discussed.
- Advertising available grants and scholarships at the regional and state levels was discussed.

Adjourned

The meeting was adjourned at 12:58pm Eastern Time by Dr. Matt Stock and seconded by Korrey Hammond. The motion was adopted.