



1885 BOB JOHNSON DRIVE  
 COLORADO SPRINGS, CO 80906  
 P. 719.632.6722 | F. 719.632.6367  
[NSCA.COM/FOUNDATION](http://NSCA.COM/FOUNDATION)

**Board of Directors Annual Meeting Minutes**  
**National Strength and Conditioning Association Foundation**  
**Board Room, NSCA Headquarter, Colorado Springs, CO**  
**April 28-29, 2018**

**Saturday, April 28, 2018**

**Directors participating in the meeting:** Dr. Brian Schilling, Dr. Matt Stock, Dr. Nicole Dabbs, and Dr. Margaret Jones (by phone).

**Directors absent:** Dr. Chad Kerksick, Dr. Thomas Mahoney, and Korrey Hammond.

**Also present:** Carissa Gump, Michael Massik, Lee Madden, and Christina Klingensmith

This meeting was called to order at 8:25am MDT on Saturday, April 28, 2018 by Dr. Brian Schilling, NSCA Foundation President. Seconded by Dr. Matt Stock. A quorum was present.

**Approval of Minutes**

F-2018-04-28-01.....Unanimous Consent  
 Topic .....Meeting Minutes  
 Adopted Resolution.....To approve the January 19, 2018 Foundation Board of Directors Meeting Minutes.

**Report of Officers**

1. A report of the Board Self-Assessment was reviewed.
2. Strategic plan, goals and objectives were discussed.
3. The Treasurer’s financial report and 2018-2019 budget was reviewed and discussed.

**Motions**

F-2018-04-28-02.....Passed  
 Topic .....2018-2019 Budget  
 Proposer .....Dr. Brian Schilling  
 Seconded .....Dr. Nicole Dabbs  
 Adopted Resolution.....Approval of the 2018-2019 Budget, as amended.

**Reports of Committees**

1. The Assistantship Committee liaison provided a report of the assistantship applications. The application process was reviewed. The Board made suggestions that the liaison will take back to the committee.



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F-2018-04-28-03.....Unanimous Consent  
 Topic .....Ratify of Email Vote of New Committee Members  
 Adopted Resolution.....Move to ratify the new approved committee members for the  
 assistantship program.

2. The Grant’s Committee report was provided. An overview of grant submissions, a comparison to the previous year. The recommendation by the committee was reviewed.

F-2018-04-28-04.....Passed  
 Topic .....Recommendation by Grant Committee  
 Proposer .....Dr. Brian Schilling  
 Seconded .....Dr. Matt Stock  
 Adopted Resolution.....That the Board approve the committee’s recommendation to the  
 Board.

3. Investment Committee report was provided.
4. Scholarship Committee report was provided.

The Board completed an annual review of the Bylaws as required.

F-2018-04-28-05.....Passed  
 Topic .....Bylaws Amendments  
 Proposer .....Dr. Brian Schilling  
 Seconded .....Dr. Matt Stock  
 Adopted Resolution.....To amend the bylaws as amended.

Motion to recess until tomorrow was called by Dr. Brian Schilling and seconded by Dr. Nicole Dabbs at 4:19pm.

**Sunday, April 29, 2018**

**Directors participating in the meeting:** Dr. Brian Schilling, Dr. Matt Stock, Dr. Nicole Dabbs, and Dr. Thomas Mahoney (by phone).

**Also present at times by phone:** Dr. Margaret Jones.

**Directors absent:** Dr. Chad Kerksick and Korrey Hammond.



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**Also present:** Carissa Gump, Michael Massik, Lee Madden, and Christina Klingensmith.

This meeting was called to order at 8:04am MDT on Sunday, April 29, 2018 by Dr. Brian Schilling, NSCA Foundation President. Seconded by Dr. Thomas Mahoney. A quorum was present.

**Election of Officers**

F-2018-04-29-01.....Passed  
 Topic .....Officer Election  
 Proposer .....Dr. Brian Schillings  
 Seconded .....Dr. Matt Stock  
 Adopted Resolution.....To elect the slate of candidates.

The 2018-2019 newly appointed Officers of record:  
 Dr. Matt Stock – NSCA Foundation President  
 Dr. Nicole Dabbs – NSCA Foundation Vice President  
 Dr. Chad Kerksick – NSCA Foundation Treasurer  
 Dr. Thomas Mahoney – NSCA Foundation Secretary

Meeting was turned over to new Foundation President, Dr. Matt Stock.

Dr. Matt Stock assigned the annual Board Liaisons to Committees:  
 Dr. Brian Schilling – Grants Committee  
 Dr. Chad Kerksick – Investment Committee  
 Dr. Nicole Dabbs – Coaching Advancement Grants and Assistantship Committee  
 Dr. Matt Stock – Scholarships Committee

Dr. Margaret Jones left the call at 9:05am. A quorum remained present.

F-2018-04-29-02.....Passed  
 Topic .....Policies  
 Proposer .....Dr. Nicole Dabbs  
 Seconded .....Dr. Brian Schillings  
 Adopted Resolution.....To adopt the Policies and Procedures Manual, Pending Legal Review.

Meeting was adjourned at 10:53am MDT by Dr. Matt Stock, NSCA Foundation President and seconded by Dr. Nicole Dabbs.