

## HIGH SCHOOL — TENNIS

### CAPE HENRY COLLEGIATE

#### MARY TURNER SHIPP

##### Senior

Mary Turner Shipp is a three sport varsity athlete, excelling in tennis, basketball, and soccer. With a demanding schedule she earned her reputation as a member of The Breakfast Club, our before school workout group. Her consistency and attitude is contagious and has encouraged other female athletes to start training. Continuing to train in-season, Mary Turner led Girls Tennis to back to back VISAA D2 State Championships. ~Phil Reichhoff

### LUDINGTON HIGH SCHOOL

#### HANNAH GLANVILLE

##### Senior

Hannah Glanville is a finisher. She is the one who is typically first to arrive and the last to leave. As a multi sport student athlete she has managed health and well being by keeping things in perspective. She knows what matters most. She values both hard work and sees the value in recovering properly. She keeps her eye on the prize. I will miss seeing Hannah in the wt room, but am thankful for the legacy that she has left. She is a pioneer of sorts reminding us that strength is for everyone.

~Richard Kirby

### THE WHEATLEY SCHOOL

#### ARYAN BADLANI

##### Singles

##### Junior

Aryan has been embracing S & C with me since 2021. It was in the past year that he really began to recognize the impact structured training has on his tennis. Recently he came to a session after a tournament so excited, saying "I have never felt so strong out of the corners". He also realized how much better he has gotten, how his injuries have been reduced and how off court training is critical to his on-court success. ~Mark Lerman