

## NSCA Coaching Awards Policy and Procedure (current rev. July 2022)

### 1. High School Strength and Conditioning Coach of the Year Award

Award descriptions and general timeline can be found online in the General Award Criteria located here: <https://www.nasca.com/Membership/Awards/>.

#### Objectives:

- Improve Awareness and Engagement within HS Coaching Community
- Better align award requirements with HS Coach duties and responsibilities
- Increase nomination activity

Revise points structure and to funnel top three point receiving candidates for vote by the Coaching (RSCC) Taskforce and HS Personal Development Group (PDG) Leadership, overseen annually by the Coaching Program Manager.

#### Procedure:

1. The NSCA will market and solicit nominees from NSCA membership.
2. Additional award nominees may be recommended by the NSCA Coaching Program Manager based on recommendations by SPD, PDG, SIG, and other NSCA Volunteer Program Leaders.
3. Nominees must meet the General Award Criteria requirements.
4. Nominees must meet the Eligibility Requirements stated in the Criteria Sheet of the award to be considered.
5. The nominee shall provide the completed criteria sheet, cover letter, resume or CV, and supporting documentation of involvement, activities and awards to the NSCA National Headquarters by the requested deadline.

#### Selection Process

1. The process for selection shall be as follows:
  - a) Nominations must be received before the established deadline.
  - b) NSCA Headquarters will verify eligibility requirements and overall points for nominees have been met.
  - c) Qualified nominees will be notified.
    - a. If there are no qualifying nominees, the award will not be given.
  - d) Top three nominees based on points for each award will be sent to the Coaching (RSCC) Task Force and HS PDG Executive Council.
  - e) The Coaching (RSCC) Task Force and HS PDG Executive Council will vote for the winner.
  - f) The Coaching (RSCC) Task Force and HS PDG Executive Council:
    - a. The Coaching (RSCC) Task Force will be volunteers selected yearly by the Coaching Program Manager. The Task Force should include membership from diverse professional and demographic backgrounds.
    - b. It will be apparent that the Task Force is impartial to the nominees.
    - c. If a member of the committee is a colleague, graduate or postdoc advisor or advisee, family member, or close collaborator of a nominee, then the member shall disclose this conflict to the remainder of the committee and recuse himself or herself from service on the subcommittee of the award for which the individual is nominated and from voting for the finalists of that award should the individual be included, if applicable. Committee members may nominate applicants, but may not write supporting letters for nominees during their terms of service.
    - d. The Coaching (RSCC) Task Force will be comprised of >50% non-coaching award recipients and <50% past coaching award recipients.
    - e. The Coaching (RSCC) Task Force will not notify the selected recipients.
    - f. The Coaching Program Manager will notify the Awards and Honors Committee Chair of the winners.

2. The Awards and Honors Committee Chair will:
  - a. Notify the Board of Directors of the recipient.
3. The NSCA Headquarters will:
  - a. Submit the recipient's name to the Awards and Honors Committee for approval.
  - b. The approved recipient will be sent to the Board of Directors
  - c. Notify the recipients of the award.
  - d. Send regret notifications.
  - e. Create a Press Release announcement of the winners.
  - f. Will verify attendance at the Coaches Conference Opening Ceremony or the National Conference Awards Banquet.

## High School Strength & Conditioning Coach of the Year Award Criteria Sheet

Covering the Calendar Year 2023

Name of Nominee: \_\_\_\_\_

Criteria	Yes or No	Expiration Date
<b>Eligibility Requirements</b>		
Current NSCA Member		
NSCA CSCS Certification		
Not a previous recipient		
Cover letter, Resume or CV received		
<b>General Criteria</b>		
Years of CSCS	1 pt per year held	
NSCA Registered Strength Coach (RSCC) (select highest level of designation)	2 pts RSCC 3 pts RSCC*D 4 pts RSCC*E	
Additional NSCA certification	2 pts	
Bachelors Degree (select highest degree earned)	2 pts	
Masters Degree (select highest degree earned)	3 pts	
Doctorate Degree (select highest degree earned)	4 pts	
<b>Subtotal</b>		
<b>NSCA Involvement (Documentation Required) Points are for 2023 unless otherwise noted.</b>		
NSCA Regional Coordinator/State Director	4 pts	
NSCA Committee or Professional Development Group Chair	4 pts	
NSCA Committee or Professional Development Group Member	3 pts	
SIG Chair/Executive Council (any)	2 pts	
Contributing towards growth and development of the HS / LTAD SIG Facebook Group Communities	1 pt per 5 posts (2 pts max)	
Attended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Attended NSCA Clinics (Live or Virtual)	2 pts ea.	
Attended NSCA State or Regional Clinic	2 pts ea.	
Instructor for NSCA Exam Prep or Foundations of Coaching Lifts	5 pts ea.	
NSCA Awards <i>lifetime</i>	1 pt ea.	
<b>Subtotal</b>		
<b>Educational/Coaching Activities (Documentation Required) Points are for 2023 unless otherwise noted.</b>		
Hosted NSCA Exam Prep or Foundations of Coaching Lifts	2 pts ea.	
Hosted an NSCA Regional/State Clinic	5 pts ea.	
Strength and Conditioning Course and/or Physical Education / Exercise Related /Curriculum Development (Must be approved by the district. Verified by Assistant Principal /Athletic Director)	2 pts/for each new and different course developed (no points for modification of per-existing courses)	

Currently Teaching Strength and Conditioning Classes or Coursework (1 semester class = 2 points)	2 pts/class	
Hosted a State or Local Coaches Clinic related to S & C	2 pts	
Attended Non-NSCA Strength Coach Event (State, Local Presentations, Webinars, etc)	1 pt ea. (4 pt cap)	
Supervisor of Student Teacher or Coach in S & C	2 pts per semester	
Received the Strength of America Award	4 pts	
Team in post-season play	1 pt per team	
Team state, national championship or runner-up	2 pt per team	
Individual sport / event championship (e.g., division, section, region, state, national)	1 pt per athlete (1 pt cap per athlete)	
High School Gatorade State Player of the Year during the school year	1 pt	
Number of student-athletes on the Honor Roll (Must be verified by Assistant Principal / Athletic Director) during the school year; Number of Student-Athletes Receiving “Scholar-Athlete” Awards (Awarded for dual Academic-Athletic success - Must be verified by Assistant Principal / Athletic Director) during the school year	1 pt ea (2 pts max)	
Nominated NSCA All-Americans S&C Athlete of the Year, <i>this year</i>	1 pt each / 2 pts max	
<b>Subtotal</b>		
<b>Publications and Presentations</b> (Documentation Required) Points are for 2023 unless otherwise noted.		
Authored or co-authored an article or column (JSCR, SCJ, TSAC Report, NSCA Coach, PTQ)	2 pts per article	
Editor / Reviewer for JSCR/SCJ/NSCA Coach/PTQ/TSAC Report	1 pt per 3 articles	
Editor / Author for NSCA book or chapter	2 pts ea.	
Non-NSCA peer reviewed articles	1 pt ea.	
Coaching/Fitness Industry Publications	1 pt ea.	
Presented at an NSCA Annual Conference, Clinic, State, or Regional Conference, Event, or Webinar (Live or Virtual)	3 pts ea.	
Strength and Conditioning Podcast or Video (published and for public)	1 pt ea.	
Presenter - Non-NSCA Strength Coach Event ( <i>State, Local presentations, webinars etc</i> )	2 pt ea.	
<b>Subtotal</b>		
<b>Miscellaneous Category</b> <b>(Documentation Required) *</b>		
Volunteer coaching, after-school education, etc. with justification during either the school year or summer vacation	1 pt ea.	
Non-NSCA (Coaching Related) Awards – School, Local, State, etc	1 pt ea.	
<b>Total Maximum Points (no point minimum)</b>	<b>Points must come from at least two categories.</b>	