

NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

COLLEGE — BEACH VOLLEYBALL

BARRY UNIVERSITY JEYSI MONTERO

Senior

Jeysi comes in ready to get after it everyday and has made tremendous strides in the weight room. She is a team player who lights up the room and is always willing to help her teammates! ~Jennifer Michuda

HUNTINGDON COLLEGE BEA LINDQVIST

Senior

Bea became extremely dedicated to strength & conditioning during her career. She put tremendous effort not only into her development, but also poured into many others in her program, as well as countless other student-athletes throughout our athletic department. ~Charlie Goodyear