

HIGH SCHOOL — FIGURE SKATING

EDMOND NORTH HIGH SCHOOL

LANDICE MULLINS

Junior Lady

Junior

Landice is a junior at Edmond North High School, a member of the Oklahoma City Figure Skating Club (OKCFSC) & the Oklahoma Premier High School Team (OK Premier). Landice has achieved the highest honors by passing all the Gold Medalist Tests in three disciplines offered by US Figure Skating: Gold Senior Moves, Gold Free Skate, and Gold Senior Solo Free Dance. Landice has participated in the State Games of America in 2017. This is Landice's 4th year to participate as a competitor in the National Qualifying Series (NQS) with US Figure Skating. Landice was nominated by her OKCFSC club for these awards: 2019 Nice on Ice, 2021 American Idol, 2022 Team Spirit, 2022 American Idol, 2022 True Grit, 2023 American Idol. Landice is a member of National Honor Society, takes AP classes, volunteers at Learn to Skate at Arctic Edge Ice Arena, and a member of the Memorial Road Church of Christ youth group. I have had the honor to coach Landice as her off-ice conditioning coach. During the pandemic, there was no ice available, but her coaches were creative in offering virtual lessons to keep her training during a challenging time for all. I have witnessed Landice learn that consistency in the weight room has helped her see success on the ice. Landice shows dedication and persistence showing up, getting up when she falls, and giving her best to each day. Landice is a person that leads by example, encourages those to keep showing up and putting in the work, and is a wonderful role model to the young skaters she coaches. It is my great honor to nominate Landice for this award. Thank you for your consideration. ~Elizabeth Mullins