

## COLLEGE — WATER POLO

### FRESNO PACIFIC UNIVERSITY

#### NATALIE KISLING

##### Attacker

##### Junior

Natalie Kisling ignites the weight room with her infectious energy every time she sets foot inside. Renowned for her unparalleled work ethic, Natalie's dedication shines through in both her performance on the field and her commitment to personal growth. A true leader by example, she sets the bar high for underclassmen, infusing each workout with her trademark positivity and drive. Over the past three years, Natalie has wholeheartedly embraced the program, dedicating herself to the relentless pursuit of excellence and embodying the essence of a supportive teammate.

~Whitney Leyva-Camberos

### FRESNO PACIFIC UNIVERSITY

#### ETHAN MCLAUGHLIN

##### Goalie

##### Senior

Ethan McLaughlin, a senior at Fresno Pacific University and a pivotal goalkeeper for the FPU Men's Water Polo Team, exemplifies unwavering dedication. Throughout his tenure, Ethan's commitment to excellence has been unmistakable; never once did he falter in attending gym training sessions, always prepared to go above and beyond. Ethan's drive extends beyond the pool, reflecting both in his athletic pursuits and academic endeavors. As he prepares to graduate, his absence in the weight room will undoubtedly be felt, leaving a void that speaks volumes of his impactful presence.

~Whitney Leyva-Camberos

### UNIVERSITY OF MICHIGAN

#### ELISE WALKER

##### Center

##### Senior

Elise Walker is a senior center on our Women's Water Polo team and current team captain. Elise was instrumental in guiding and improving the team culture in the weight room over the past year. She has taken on a much larger role in being an advocate of consistent training, pushing her teammates to heights they didn't believe they could go, and continued to make substantial progress in and out of the pool despite dealing with injuries in the last couple of years. Elise has been a pleasure to work with and am proud to nominate her for NSCA All American Strength and Conditioning Athlete of the Year. ~Trevor Klump

### UNIVERSITY OF REDLANDS

#### MAX WAGENER

##### ATT

##### Junior

Max, has been a standout water polo player at the U of R. In 2022, he played a pivotal role in leading our team to a National Championship as well as being a scholar-athlete, showcasing not only his exceptional skills in the pool but also his outstanding leadership within the weight room. His dedication to strength and conditioning has been a driving force behind our success. Max exemplifies true leadership, demonstrating both in the pool and the weight room. His commitment and lifting prowess have been instrumental in our triumphs.

~Anthony Penalber