

## COLLEGE — EQUESTRIAN

### Converse University

#### SYDNEY SHIPP

##### Senior

Sydney's progress from her freshman year through now is incredible. She has developed into a team leader, and her leadership in the strength facility has helped take the equestrian to another level during strength and conditioning sessions. She pushes herself hard, which is a big reason she has been a regional qualifier three years in a row now. In addition to being great in the strength facility and a great rider Sydney is also an incredible person who is extremely coachable. ~Kevin Darlington

### Mount Holyoke College

#### MADS HURLEY

##### Senior

From the moment Mads stepped into the weight room, they have been a force of energy, enthusiasm, and dedication. As part of our equestrian team, they have shattered the misconceptions about the sport and proved just how strong, agile, and resilient riders can be. They have shown relentless pursuit in their training and have achieved Silver Lyon status at the time of this writing, with their sights set on Gold and Iron ranks in the near future. Their energy is infectious, bringing unmatched hype and motivation to every session. Beyond their own goals, they have played a vital role in introducing first-year athletes to the joys of strength training, showing them that lifting isn't just about getting stronger—it's about building confidence, resilience, and a love for the process. ~Jay Mendoza

### Washington and Lee

#### ALLISON HINES

##### Senior

Allison is team captain of the riding team, has been a driving force in promoting regular strength training to enhance the team's performance. Her leadership is marked by consistency and a strong work ethic, always setting a solid example for her teammates. With her dedication and initiative, Allison has fostered a culture of growth and discipline within the team. ~David Forman