

NSCA
TERRY J. HOUSH YOUNG INVESTIGATOR OF THE YEAR AWARD
CRITERIA SHEET

Name of Nominee: _____

NOTE: Presentations delivered on multiple occasions may only be scored once. Points are awarded only for last **five** calendar years: for the 2024 award, **points are awarded for January 2019 - December 2023, unless specified otherwise.**

| Criteria | Item Value | Pts Awarded |
|--|------------|-------------|
| Absolute Eligibility Information | | |
| Must be current member of the NSCA | Yes / No | N/A |
| Must have a minimum of two years consecutive membership and three years total membership | Yes / No | N/A |
| Nominee is active member and contributor to NSCA | Yes / No | N/A |
| Working as sports scientist researcher | Yes / No | N/A |
| No more than 7 years have passed since the conferral of the nominee's Doctorate degree (Ph.D., MD degree, or equivalent) | Yes / No | N/A |
| Has not have previously won this award | Yes / No | N/A |

| Publications in NSCA and Applied Exercise and Sports Science Publications | Item Value | Pts Awarded |
|--|-----------------|-------------|
| Authored or co-authored, edited or co-edited a NSCA book related to fitness, sports medicine or nutrition | 4/3 pts/book | |
| Authored/co-authored NSCA position statement | 4/3 pts/paper | |
| Authored or co-authored JSCR article | 4/3 pts/article | |
| Authored or co-authored chapter in NSCA book | 4/3 pts/chapter | |
| Authored or co-authored NSCA 'Hot Topics' | 2/1 pt/article | |
| Authored or co-authored SCJ featured article | 4/3 pt/article | |
| Authored, co-authored, edited or co-edited a book related to fitness, sports medicine, or nutrition | 3/2 pts/book | |
| Authored or co-authored a peer-reviewed article or position stand related to fitness, sports medicine or nutrition in non-NSCA national or international publication | 3/2 pts/article | |
| Publications Subtotal | | |

| Presentations at NSCA and other Applied Exercise and Sports Science Conventions | Item Value | Pts Awarded |
|--|----------------------|-------------|
| Featured presentation (presenter or co-presenter) at NSCA National Conference or at NSCA jointly sponsored event | 2/1 pts/presentation | |
| Presentation (presenter or co-presenter) at NSCA Coaches Conference | 2/1 pts/presentation | |
| Presentation (presenter or co-presenter) at NSCA Personal Trainers Conference | 2/1 pts/presentation | |

| | | |
|--|-------------------------|--|
| Presentation (presenter or co-presenter) at NSCA TSAC Conference | 2/1 pts/presentation | |
| Presentation (presenter or co-presenter) at NSCA European Conference | 2/1 pts/presentation | |
| From the field presentation (presenter or co-presenter) at NSCA National Conference | 2/1 pt/presentation | |
| Presentation (presenter or co-presenter) at NSCA State or Regional Conference | 2/1 pt/presentation | |
| Presentation (presenter or co-presenter) at NSCA-CSCS or NSCA-CPT symposia | 2/1 pt/presentation | |
| Presentation (presenter or co-presenter) at NSCA Performance symposia | 2/1 pt/presentation | |
| Abstract presentation (presenter or co-author of an oral or poster) at NSCA National Conference | 2/1 pt/presentation | |
| Featured presentation (presenter or co-presenter) of topic related to fitness, sports medicine or nutrition at a non-NSCA national or international convention | 2/1 pts/presentation | |
| Abstract presentation (presenter or co-author of an oral or poster) of topic related to fitness, sports medicine or nutrition at a non-NSCA national or international convention | 2/1 pt/presentation | |
| Presentations Subtotal | | |

| Certification/Education | Item Value | Pts Awarded |
|---|--------------------------------------|--------------------|
| Currently NSCA Fellow | 3 pts | |
| Currently CSCS certified | 3 pts | |
| Currently NSCA-CPT | 2 pts | |
| Years holding NSCA Certification | 1 pt/3 yr period after initial 3 yrs | |
| Certification/Education Subtotal | | |

| Research-Related Service | Item Value | Pts Awarded |
|---|-------------------|--------------------|
| Editor-In-Chief, JSCR or SCJ | 4 pts/journal | |
| Senior Associate Editor, JSCR or SCJ | 3 pts/journal | |
| Associate Editor, JSCR or SCJ | 2 pts/journal | |
| Reviewer for JSCR or SCJ manuscripts (3/yr) | 1 pt/yr | |
| Reviewer of NSCA grants or abstracts | 1 pt/yr | |
| Research-Related Service Subtotal | | |
| Total points | | |

Self-Advocacy Statement

Within 100 words, explain why you deserve to be selected as the recipient of the 2024 Terry J. House Outstanding Young Investigator of the Year award.