



NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

HIGH SCHOOL — ROWING

THE PEDDIE SCHOOL

DEVJIT BHATTACHARYA

Rowing

Senior

Devjit is a wonderful example of consistency, perseverance, culture. He did not start Weightlifting until the Winter of his Freshman year on the Wrestling team.

He learned time management balancing two varsity sports and a heavy academic schedule. He got into the gym over the summer and made time before or after practices to make progress. At only 150 lbs, Devjit earned a 298 lbs Back Squat, 215 lbs Bench Press, 377 Deadlift, 217 lbs Front Squat, 279 lbs RDL, 216 lbs Bulgarian Squat, 454 lbs Hex Bar Deadlift, 17 Pull Ups, and a 31.5" Vertical Jump. ~Mike Volkmar