

# **NSCA ALL-AMERICAN STRENGTH AND CONDITIONING** ATHLETES OF THE YEAR

# **COLLEGE – ACROBATICS AND TUMBLING**

#### Converse University CHLOE CLELAND Base

## Senior

Chloe is one of the main leaders in our ACRO program and she is a key reason for our success. In the strength facility she deep squats nearly 300 pounds and leads just about every strength category there is. She's not only a great athlete, but is an amazing person as well. As a base she not only possess great strength but through her hard work has become very athletic. Chloe also serves on several student committees and is a leader in the Chemistry department as well. ~Kevin Darlington

#### Converse University NIA JACKSON

#### Tumbler

#### Senior

Nia is incredible in the strength facility and on the gymnastics mat. She is on her way to being All Conference all 4 years of her college career. Nia has great strength, pays great attention to details with every every exercise we perform in the strength facility, and I have never seen her without a smile on her face and a positive outlook about everything. She is a leader through her actions and the younger athletes look up to her. She is also involved with several on campus committees, and is great academically. ~Kevin Darlington

#### Fairmont State University MADDI WALKER Base/Tumbler Senior

Maddi Walker, a senior from Winchester, Virginia, is an exceptional student-athlete and one of the hardest working and determined young ladies in our strength and conditioning program. Maddi is extremely coachable and has really embraced strength training. She has a key role on our Acrobatics and Tumbling team, as a base and tumbler, participating in 4 heats and the team event. Her role as a base and tumbler requires her to have high levels of strength and power, which she has worked hard to achieve. Heading into the 2024 season, Maddi holds a 275 lbs back squat, a 275 lbs deadlift and a 155 lbs power clean & jerk. Her work ethic continues into the classroom, where Maddi currently has a 4.0 GPA, while majoring in criminal justice. She has been named to numerous MEC All-Academic teams, the D2 ADA Academic Achievement Award list and the NCATA Academic Honor Roll. Our Acrobatics and Tumbling program, strength & conditioning program and entire athletic department are all better because of studentathletes like Maddi Walker. ~Adam Kolberg



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#### Fairmont State University JESSI WOLF

### Base

### Sophomore

Jessi Wolf, a sophomore from Lititz, Pennsylvania, is an exceptional student-athlete and one of the hardest working and determined young ladies in our strength and conditioning program. Jessi has fully embraced strength training and is extremely coachable. She has a key role as a base on our Acrobatics and Tumbling team; competing in 4 heats. Her role requires her to have high levels of strength and power, which she has worked very hard to improve. Leading into the 2025 season, Jessi hit a 300 lbs back squat, a 330 lbs deadlift, 185 lbs bench press and 175 lbs power clean & jerk. Her work ethic in the weight room and on the mat also shines in the classroom. Jesi currently has a 4.0 GPA, majoring in Biology/Pre-Med, and has been named to the MEC All-Academic teams and the NCATA Academic Honor Roll. Our Acrobatics and Tumbling program, strength & conditioning program and entire athletic department are all better because of student-athletes like Jessi Wolf. ~Adam Kolberg

### Kutztown University JORDYN OSNER Base

#### Junior

Jordyn Osner has exemplified dedication, perseverance, and leadership both in competition and the weight room. A standout student-athlete in acrobatics and tumbling, she played a key role in helping her team improve to a 6-3 record in 2024 and qualify for the NCATA Event Finals in the acro 5element squad, where she tied for fourth with a score of 9.775 and maintained a season average of 9.778. As a freshman, she contributed to the program's first-ever victory over a nationally ranked opponent, helping Kutztown defeat No. 15 West Liberty. Beyond her athletic achievements, Jordyn has been a leader in the weight room, both as an athlete and as a student intern for strength and conditioning. She has developed into a highly competent coach, demonstrating the ability to connect with athletes across multiple sports and contribute to their performance development. Through this experience, she has expanded her knowledge in strength and conditioning, injury rehabilitation, and training organization. Jordyn's relentless work ethic, coachability, and ability to elevate those around her make her a deserving recipient of the NSCA All-American Strength and Conditioning Athlete of the Year Award. ~Scott Hobbs



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## Limestone University CAMERON KING Base/Tumbler

#### Senior

Cam is the leader of the team. She has always been a positive teammate and will do anything she can to make the team successful. Cam is involved in nearly every event and her presence is known every time she steps onto the mat. She understands what strength and conditioning can do for sport performance and stresses the importance of it to her teammates. During the 2 years I've worked with Limestone Acrobatics and Tumbling, Cam's back squat improved by 30 pounds, power clean by 20 pounds, and bench press by 25 pounds. Her leadership abilities have also improved and I'm excited to see her use these abilities as she enters her professional career. Both the Acrobatics and Tumbling team and Strength and Conditioning program have improved due to her hard work and dedication. ~Timothy Schachtner