

COLLEGE — ACROBATICS AND TUMBLING

FAIRMONT STATE UNIVERSITY

ELIZABETH MAURER

Base/Tumbler

Junior

Lizzie Maurer, a junior from Grand Ledge, Michigan, is an exceptional student-athlete and one of the hardest working and determined young ladies in our strength and conditioning program. Lizzie is extremely coachable, has embraced strength training, and is always full of positive energy. She has a key role on our Acrobatics & Tumbling team, as a base and tumbler, participating in 7 heats and the team event. Her role as a base requires her to have high levels of strength and power, which she has worked hard to achieve. Heading into the 2024 season, Lizzie holds a 290 lbs. back squat, a 300 lbs. deadlift and 155 lbs. power clean & jerk. Her work ethic continues into the classroom, where Lizzie currently has a 3.88 GPA, while majoring in communications. She has been named to numerous MEC All-Academic teams and the NCATA Academic Honor Roll. Our acrobatics & tumbling program, strength & conditioning program and entire athletic department are all better because of student-athletes like Lizzie Maurer. ~Adam Kolberg

FAIRMONT STATE UNIVERSITY

KAYLEE REHAK

Base

Sophomore

Kaylee Rehak, a sophomore from Pittsburgh, Pennsylvania, is an exceptional student-athlete and one of the hardest working and determined young ladies in our strength and conditioning program. Kaylee has embraced strength training and is extremely coachable. She has a key role as a base on our Acrobatics & Tumbling team. Her role requires her to have high levels of strength and power, which she has worked very hard to improve. Leading into the 2024 season, Kaylee hit a 335 lbs. back squat, a 315 lbs. deadlift and 175 lbs. power clean & jerk. Her work ethic in the weight room and on the mat also shines in the classroom. Kaylee currently

has a 4.0 GPA, majoring in Exercise Science, and has been named to the MEC All-Academic teams and the NCATA Academic Honor Roll. Our acrobatics & tumbling program, strength & conditioning program and entire athletic department are all better because of student-athletes like Kaylee Rehak. ~Adam Kolberg

LIMESTONE UNIVERSITY

KACIE KIER

Sophomore

Kacie serves an integral role on the team. She is involved in compulsory pyramid, compulsory toss, compulsory tumbling, 6 element acro, open pyramid, 450 salto toss, synchronized toss, duo tumbling, aerial tumbling, and the team event. She has worked through a few injuries but always seeks ways in which she can continue to improve. She is a role model and leader to her teammates and she pushes everyone to achieve their goals. Kacie has shown great dedication and progress this year and I am excited to see her continued development through her career. ~Tim Schachtner